

# WET WRAP THERAPY

## for Atopic Dermatitis (Eczema)

1 in 5 Children  
*Suffer with Eczema*

\*Use under the advice of your  
child's physician and for suggested  
length of treatment

step 1

Soak wraps  
in warm  
water



*Wet wraps  
have a cooling anti-itch effect.*

step 2

Bathe child  
in warm  
(not hot)  
water for  
15-20  
minutes  
and  
use a  
gentle  
cleanser



step 3

Lightly pat child's  
skin dry with a towel



Apply lotion  
or prescribed  
cream within  
3 minutes!



step 4

step 5

Wring out  
excess water  
from wrap and  
immediately  
dress child  
in damp wrap  
to seal in  
moisture



*Wet wrap  
therapy relieves eczema  
by adding needed moisture to the skin.*

step 6

Apply a  
dry layer  
of clothing  
on top.



*Smile.*

Studies of  
**WET WRAP  
THERAPY**  
show an  
average  
reduction  
of symptoms  
of 71%.

ref: Wet Wrap Therapy in  
Children with Moderate to  
Severe Atopic Dermati-  
tis in a Multidisciplinary  
Treatment Program